



Aftercare and Maintenance

How to care for your skin after a Brazilian Wax

Caring for your skin after a Brazilian wax is important to reduce irritation, prevent infections, and keep the skin smooth and healthy. Here are some tips for caring for your skin after a Brazilian wax:

1. Avoid tight clothing: For at least 24 hours after your wax, avoid wearing tight clothing that may rub against the skin and cause irritation or ingrown hairs.
2. Avoid hot water: For at least 24 hours after your wax, avoid hot baths or showers, as they can increase irritation and inflammation.
3. Use a soothing cream: Apply a soothing cream or gel, such as aloe vera, to the skin to reduce redness and inflammation.
4. Exfoliate: After a few days, gently exfoliate the skin using a gentle scrub or exfoliating mitt. This will help to prevent ingrown hairs and keep the skin smooth.
5. Avoid sun exposure: For at least 24 hours after your wax, avoid exposing the skin to direct sunlight or tanning beds, as they can increase irritation and inflammation.
6. Avoid sexual activity: For at least 24 hours after your wax, avoid sexual activity, as it can increase the risk of infection or irritation.
7. Avoid swimming or sweating: For at least 24 hours after your wax, avoid swimming or sweating, as they can increase the risk of infection.

Tips for maintaining your Brazilian Wax

Maintaining a Brazilian wax can help to keep the skin smooth and prevent ingrown hairs. Here are some tips for maintaining your Brazilian wax:

1. Exfoliate regularly: Gently exfoliate the skin using a scrub or exfoliating mitt at least once a week. This will help to prevent ingrown hairs and keep the skin smooth.
2. Moisturize regularly: Moisturize the skin daily with a non-greasy lotion or oil. This will help to keep the skin hydrated and prevent dryness or irritation.
3. Use an ingrown hair treatment: If you do experience ingrown hairs, use an ingrown hair treatment to help prevent infection and reduce inflammation.
4. Keep the area clean: Clean the pubic area daily with a gentle soap and warm water. This will help to prevent infection and keep the skin clean.
5. Schedule regular waxing appointments: Schedule regular waxing appointments, typically every 3-4 weeks, to maintain the desired appearance and prevent discomfort or irritation from longer hair.

I have read and understand the Aftercare and Maintenance instructions. (Initials)